



Colonoscopy Preparation with SUTAB® V2021.0
Preparation Instructions:

CLEAR LIQUID DIET THE ENTIRE DAY BEFORE THE PROCEDURE

*******NOTHING RED OR PURPLE*******

THE FOLLOWING ARE ACCEPTABLE:

SOUPS – CLEAR BROTH OR BOUILLON

BEVERAGES – TEA, COFFEE (NO MILK/CREAM IN COFFEE OR TEA), KOOL-AID,

CARBONATED BEVERAGES

JUICES – (NO PULP IN ANY JUICES) WHITE CRANBERRY, APPLE, WHITE GRAPE,

STRAINED LEMONADE – ITALIAN ICE, POPSICLES OR JELLO

ANY QUESTIONS PLEASE CALL THE OFFICE AT 943-1301 OR 789-1860 EXT: _____

48 hour notice is required for cancellations to avoid a \$100.00 charge

The DAY BEFORE the procedure:

The SUTAB® Bowel Prep Kit contains two bottles of 12 tablets and one 16-ounce mixing cup. You must complete the entire prep to ensure the most effective cleansing.

Step 1: Starting between 5:00 PM and 7:00 PM, open one bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes.

Step 2: Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

Step 3: Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

It is essential to drink the entire amount of liquid instructed. If you experience nausea, bloating or cramping, pause or slow the rate of drinking the additional water until symptoms diminish.

The DAY OF the procedure:

Step 4: Starting at 5 hours before the arrival time open the second bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes.

Step 5: Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

Step 6: Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

YOU MUST COMPLETE STEP 6 AND STOP ALL LIQUIDS AT LEAST 2 HOURS BEFORE YOUR ARRIVAL TIME