



# GASTROINTESTINAL MEDICINE ASSOCIATES, INC.

www.GIMEDRI.com

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**PLEASE READ ALL OF THE ENCLOSED INSTRUCTIONS AND MAKE SURE YOU HAVE OBTAINED THE DATE/TIME/LOCATION AND ANY OTHER NECESSARY INFORMATION FROM OUR OFFICE:**

NAME: \_\_\_\_\_

YOUR **UPPER ENDOSCOPY (EGD)** IS SCHEDULED AT (Facility): \_\_\_\_\_

ON: \_\_\_\_\_ ARRIVE AT: \_\_\_\_\_

ADDITIONAL INFORMATION GIVEN BY OUR OFFICE: \_\_\_\_\_

**DO NOT HAVE YOUR SUPPER AFTER 7 PM THE NIGHT BEFORE THE PROCEDURE. YOU MAY HAVE CLEAR LIQUIDS FROM 7 PM UNTIL MIDNIGHT. DO NOT EAT OR DRINK ANYTHING FROM MIDNIGHT ON UNTIL AFTER THE PROCEDURE.**

**\*\*\*\*\*CLEAR LIQUID DIET\*\*\*\*\***

SOUPS: clear broth, bouillon BEVERAGES: tea, coffee, Kool-Aid, carbonated beverages. Do not use milk or cream in your coffee or tea. JUICES: white cranberry, apple, white grape, strained lemonade—any juice that you can see through and has no pulp is acceptable, except for red juices. DESSERTS: Italian ice, popsicles, Jell-O (except red).

**THE USE OF BLOOD THINNING MEDICATIONS OR ANTI-COAGULANTS, SUCH AS COUMADIN, PLAVIX, AGGRENOX, ELIQUIS, PRADAXA ETC. SHOULD BE DISCUSSED WITH THE MEDICAL PROVIDER PRIOR TO THE EXAM, YOU WILL BE GIVEN INSTRUCTIONS REGARDING THESE MEDICATIONS.**

IF YOU ARE TAKING ASPIRIN, PLEASE **DO NOT STOP** IT PRIOR TO THE PROCEDURE, UNLESS OTHERWISE INSTRUCTED.

- **YOU WILL NEED A DRIVER THE DAY OF THE PROCEDURE.** A CAB RIDE OR UBER IS NOT ACCEPTABLE UNLESS ACCOMPANIED BY A COMPANION.
- YOU WILL NEED TO BRING A LIST OF YOUR MEDICATIONS & DOSAGES AND A LIST OF ALLERGIES AND TYPES OF REACTION TO THE HOSPITAL THE DAY OF THE PROCEDURE.
- PATIENTS NEED TO BRING THEIR READING GLASSES AND HEARING AIDS ON THE DAY OF THE PROCEDURE.
- WEAR COMFORTABLE CLOTHING AND LEAVE VALUABLES AT HOME.
- WOMEN OF CHILD BEARING AGE WILL NEED TO TAKE A PREGNANCY TEST PRIOR TO THE PROCEDURE

**WE REQUIRE A 48 HOUR NOTICE IF YOU CANNOT MAKE YOUR APPOINTMENT FOR A PROCEDURE; OTHERWISE, THERE WILL BE A CHARGE OF \$100.00**

If you have any questions or concerns, please call 401-943-1303 or 401-789-1860 Extension: \_\_\_\_\_